|  |  |              |            |            |            |            |           | Maryland Department         |                     |  |
|--|--|--------------|------------|------------|------------|------------|-----------|-----------------------------|---------------------|--|
| Please complete both pages of this for | Office of Healthy Homes and Communities<br>(410) 767-8417 or 1-877-463-3464 ext. 78417 |              |            |            |            |            |           |                             |                     |  |
| 1. CHILD'S NAME (First Middle Last)    |  |              |            |            | OF BIRTH   | (mm/dd/yyy | /y)       | 3. PEAK FLOW PERSONAL BEST: |                     |  |
| 4. ASTHMA SEVERITY (check one):        | Mild Intermittent  | Mild Persist | tent Me    | oderate Pe | rsistent   | Severe Pe  | ersistent | Exercise Induced            |                     |  |
| 5. ASTHMA TRIGGERS (check all that     | apply): Colds  | Exercise     | Animals    | Dust       | Smoke      | Food       | Weather   | Other                       |                     |  |
| 6. THIS ASTHMA ACTION PLAN SHA         | LL BE EFFECTIVE FC   | R AND MEDIC  | CATION SHA | LL BE ADN  | /INISTEREI | D          | 6         | oa. FROM (mm/dd/yyyy)       | 6b. TO (mm/dd/yyyy) |  |
|  |  |              |            |            |            |            |           |                             |                     |  |
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|  |  |              |            |            |            |            |           |                             |                     |  |

| Please complete this form                                      | Office of Healthy Homes and Communities<br>(410) 767-8417 or 1-877-463-3464 ext. 78417  |  |                                      |                                 |  |                                 |  |  |
|--|---|--|--------------------------------------|---------------------------------|--|---------------------------------|--|--|
| CHILD'S NAME (First Middl                                      | e Last)   | DATE OF BIRTH (mm/dd/yyyy)//           |                                      |                                 |  |                                 |  |  |
| 8. PRESCRIBER'S NAME/  | TITLE   |  | This spa                             | ce may be used for the          | Prescriber's Add                       | dress Stamp                     |  |  |
| TELEPHONE  | FAX   |  |                                      |                                 |  |                                 |  |  |
| ADDRESS  | I   |  |                                      |                                 |  |                                 |  |  |
| CITY   | STATE   | ZIP CODE                               |                                      |                                 |  |                                 |  |  |
| 9a. PRESCRIBER'S SIGNA<br>(original signature or signature sta | TURE (Parent/guardian cannot si   | gn here)                               | •                                    | 9b. DATE (mm/dd/yyyy)           |  |                                 |  |  |
|  |   |  |                                      |                                 |  |                                 |  |  |
| to medical treatment for the child n                           | o operator, staff member or volunteer to admin<br>amed above, including the administration of me<br>authorized prescriber indicated on this form to c | edication at the facility. I understar | nd that at the end of the authorized |                                 |  |                                 |  |  |
| 10a. PARENT/GUARDIAN   | I SIGNATURE   | 10b. DATE (mm/dd/yyyy) 10c. INDIVIDI   |                                      |                                 | DUALS AUTHORIZED TO PICK UP MEDICATION |                                 |  |  |
| 10d. HOME PHONE #  |   | 10e. CELL PHONE #                      | 10f. WORK F                          | 10f. WORK PHONE #               |  |                                 |  |  |
|  | OMPLETED IF ANY MEDICATIONS IN THE AST and the parent/guardian must consent to se   |  |                                      |                                 |  | edications such as inhalers and |  |  |
| I authorize self-administration of a                           | all of the medications listed in Section I: Asth<br>signated staff member or volunteer. If indica   | ma Action Plan above that are c        | hecked as "OK to self-administer"    | or "OK to self-administer and s | self-carry" for the child              |                                 |  |  |
| 11a. PRESCRIBER'S SIGNA  |   | 11b. DATE (mm/dd/yyyy)                 |                                      |                                 |  |                                 |  |  |
| 12a. PARENT/GUARDIAN   | I'S SIGNATURE FOR SELF-ADMINI   | STRATION/SELF-CARRY                    |                                      |                                 |  | 12b. DATE (mm/dd/yyyy)          |  |  |
|  |   |  |                                      |                                 |  |                                 |  |  |
| Camp Medical Staff Note  | es:   |  |                                      |                                 |  |                                 |  |  |
| Reviewed by:   |   |  |                                      |                                 |  | DATE (mm/dd/yyyy)               |  |  |
| MDH-4758-C (01/2019)   |   |  |                                      |                                 |  |                                 |  |  |

Maryland Department of Health (MDH)